

OPEN to ALL ICKF-NS Chito Ryu

**VALLEY Karate Club
Hosting**

Mitchell German Sensei & Milton Bourque Sensei

**Clinic
&
Bogu tournament**

Saturday Nov. 12/11

Registration begins 8:45am to 9:15 am; **Clinic starts 9:30am**
Bogu and kata competition starts at 12:30

Annapolis Royal Regional Academy, Annapolis Royal N.S.

OPEN to all ages

Bogu (some gear on site for bogu protection)

Other equipment needed

(Fighting mitts, groin protection, chest protectors, and mouth guard)

**COST: \$ 20.00 for the day or
\$15.00 for Am clinic or
\$15.00 for afternoon bogu tournament**

For LUNCH:

Sandwiches & pizza are available, soft drinks and water , at a low cost

COME SUPPORT your local CLUB, Hope to see many of you there.

Any questions please contact:

Gary Walsh 902-532-5762,

garywalsh.ns@hotmail.com

site location information:

<http://maps.google.ca/maps?hl=en&ie=UTF8&q=annapolis+royal+regional+academy&fb=1&gl=ca&hq=regional+academy&hnear=0x4b57ff43572533d5:0x1dd68d385c9e3a54%2cAnnapolis+Royal%2c+NS&view=map&cid=112404988798672381&iwloc=A&ved=0CCwQpQY&sa=X&ei=Tw-FTqjMB4e4yATU3sHiDA>