

1st Annual "Leo MacDougall" Commemorative Tournament

Saturday June 18, 2011

Registrations start at 8:30, competition starts at 9:00 am (planned completion of 1:00 pm). **Competition will be at the dojo.**

Please join us for our first annual (in house) tournament in memory of Leo MacDougall. A junior class instructor at Halifax Ryuseikan for many years, Leo was an advocate in fair play and hard work. We will have medals for all participants, and as well as certificate and prizes for the division winners.

Divisions include:

- Kumite
- Kata
- Blindfolded kata
- Best side kick
- Pushup contest
- Best shiko dachi

Others divisions to be announced on competition day!

Price is **\$10 per competitor**, this includes all divisions.

For more info, please see one of the instructors or email at:
ryuseikan@eastlink.ca