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Halifax Ryuseikan, Chito-Ryu Karate

Schedule

<http://www.halifaxryuseikan.com>

email: ryuseikan@eastlink.ca

Phone: (902) 448-8098

Northcliffe Centre 111 Clayton Park Drive Halifax In case of bad weather call (902) 465-5267 to check facility is open.	<h2>Sept 1st - Dec 31st</h2>	Cole Harbour 1237 Cole Harbour Rd Cole Harbour In case of bad weather call (902) 448-8098 to check facility is open
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C H D o a o l r j e b o o u r	Monday 7:00 - 8:00 PM Youth (ages 14 yrs & under) orange belts & up Monday 8:00 - 9:30 PM Adults (ages 14 & up) All Belts
	Tuesday 6:00 - 6:50 PM Youth (ages 5 - 8 yrs) white - yellow belts Tuesday 7:00 - 8:00 PM Youth (ages 9-13 yrs) white - yellow belts Tuesday 8:00 - 9:30 PM Adults (ages 14 & up) All Belts
	Wednesday 7:00 - 8:00 PM Youth (ages 14 yrs & under) orange belts & up Wednesday 8:00 - 9:30 PM Adults (ages 14 & up) All Belts
	Thursday 6:00 - 6:50 PM Youth (ages 5 - 8 yrs) white - yellow belts Thursday 7:00 - 8:00 PM Youth (ages 9-13 yrs) white - yellow belts Thursday 8:00 - 9:30 PM Adults (ages 14 & up) All Belts
	Friday 6:30 - 8:00 PM Junior Athlete Development Program (ages 9-13 yrs) yellow belts & up Friday 8:00 - 9:30 PM Adults kumite & free training (ages 12 & up) All Belts
	Saturday Reserved for special clinic Saturday
	Sunday 9:00 - 10:30 am Athlete kumite development program (ages 13 & up) green belts and up Sunday 10:30 - 12:00 pm Athlete kata development program (ages 10 & up) yellow belts & up

<h2>Northcliffe Dojo</h2>	Tuesday 5:00 - 5:50 PM Little Dragons (ages 5 - 8 yrs) All Belts Tuesday 5:50 - 6:50 PM Youth (9-14 yrs) All Belts
	Thursday 5:45 - 6:45 PM Youth (9-14 yrs) All Belts

**For Registration Info, Fee Structure or General Inquiries
Please contact us at: ryuseikan@eastlink.ca**

